

ALLEGANY COUNTY HEALTH PLANNING COALITION
Local Health Action Plan

Priority #4: Emotional & Mental Health

Baseline and Goal for 2014:


	County Baseline	MD 2014 Goal	Local 2014 Goal	Source
Rate of behavioral health related admissions to ED per 100,000 population	1997.1	1146.0	1937.7*	SHIP #34 Reduce # ED visits related to BH conditions
Poor Mental Health Days-Average # reported in past 30 days age adjusted	4.2	3.3	3.5	Un. Of Wisconsin-County Health Ranking


*Based on the % difference between the state baseline and the state 2014 goal

Strategies:

- A. To integrate mental health and physical health including more depression screening
- B. Facilitate opportunities for social connectedness

Actions:

Strategy A: To integrate mental health and physical health including more depression screening				
ACTION	WHO	WHEN	MEASURES	PROGRESS AS OF 5-10-2012
1. Continue to screen for depression as part of all history and physicals at WMRMC	WMHS	Phase 1,6	# referred to crisis counselor based on screening	
2. Develop mechanisms for integrating mental health services in offices for physical health	WMHS, PCP, ACHD, Home Care, CSA-MHSO, TSCHC, DSS	Phase 3-5	# mental health services available at physical health sites #depression screenings documented in ECW #Outreaches to providers	[Future Initiative]

Strategy B: Facilitate opportunities for social connectedness				
ACTION	WHO	WHEN	MEASURES	PROGRESS AS OF 5-10-2012
1. Promote development of positive, non-abusive relationships for improved health (positive parenting, anti-bullying, mentor programs, visitation of elderly, developmental assets, Community Outreach Workers)	Family Junction WMHS ACHD, MHC, HRDC, BOEd, Big B Big S, Cumb. Ministerial, Sal. Army, YMCA, AHEC, MH Adv. Bd.	Phase 2-3, 4-5	# programs offered # participants in program, increasing over time	[Future Initiative]
2. Community education about depression, bipolar disorder, abuse and neglect and available resources to help (Mental Health 1 st Aid)	Family Junction WMHS ACHD, MHC, HRDC, Bd of Ed, Big B Big S, Cumb. Ministerial, Child Abuse Task Force, DSS,AHEC, MHSO, Mental Health Advisory Board	Phase 2-3	# trained Improved scores on pre vs post test	[Future Initiative]
3. Promote support of families with faith-based groups through outreach, visitation and other social events	Ministerial Association, Parish Nurses Sal. Army	Phase 6	# individuals registered in programs	
4. Promote integrative wellness in the community through educational opportunities (physicians and complementary providers)	Community Wellness Coalition	Phase 1-3	#events Utilization by physicians #referrals to complementary providers	