ALLEGANY COUNTY HEALTH PLANNING COALITION

Local Health Action Plan

DRAFT 2-13-12

Priority #4: *Emotional & Mental Health*

Baseline and Goal for 2014:

	County Baseline	MD 2014 Goal	Local 2014 Goal	Source
Rate of behavioral health related admissions to ED per 100,000 population	1997.1	1146.0	1937.7*	SHIP #34 Reduce # ED visits related to BH conditions
Poor Mental Health Days-Average # reported in past 30 days age adjusted	4.2	3.3	3.5	Un. Of Wisconsin-County Health Ranking

*Based on the % difference between the state baseline and the state 2014 goal

Strategies:

A. To integrate mental health and physical health including more depression screening
B. Facilitate opportunities for social connectedness

Actions:

Strategy A: To integrate mental health and physical health including more depression screening			
ACTION	WHO	WHEN	MEASURES
1. Continue to screen for depression as part of all history and physicals at WMRMC	WMHS	Phase 1,6	# referred to crisis counselor based on screening
2. Develop mechanisms for integrating mental health services in offices for physical health	WMHS, PCP, ACHD, Home Care, CSA-MHSO, TSCHC, DSS	Phase 3-5	# mental health services available at physical health sites #depression screenings documented in ECW #Outreaches to providers

Strategy B: Facilitate opportunities for social connectedness			
ACTION	WHO	WHEN	MEASURES
1. Promote development of positive, non-abusive relationships for improved health (positive parenting, anti-bullying, mentor programs, visitation of elderly, developmental assets, Community Outreach Workers)	Family Junction WMHS ACHD, MHC, HRDC, Bd of Ed, Big B Big S, Cumb. Ministerial, Sal. Army, YMCA AHEC, Mental Health Advisory	Phase 2-3, 4-5	# programs offered # participants in program, increasing over time
2. Community education about depression, bipolar disorder, abuse and neglect and available resources to help (Mental Health 1st Aid)	Family Junction WMHS ACHD, MHC, HRDC, Bd of Ed, Big B Big S, Cumb. Ministerial, Child Abuse Task Force, DSS,AHEC, MHSO, Mental Health Advisory Board	Phase 2-3	# trained Improved scores on pre vs post test

3. Promote support of families with faith-based groups through outreach, visitation and other social events	Ministerial Association, Parish Nurses Sal. Army	Phase 6	# individuals registered in programs
4. Promote integrative wellness in the community through educational opportunities (physicians and complementary providers)	Community Wellness Coalition	Phase 1-3	#events Utilization by physicians #referrals to complementary providers