

ALLEGANY COUNTY HEALTH DEPARTMENT

Healthy People, Healthy Communities

DIRECTORY OF SERVICES



12501-03 Willowbrook Road SE ♦ PO Box 1745
Cumberland, MD 21501-1745
Phone: 301-759-5000 ♦ Toll Free: 1-866-909-9629
www.alleganyhealthdept.com

ABOUT US

*The Health Department of Allegany County, Maryland was established in 1923 and exists by law as a state public agency to **promote** physical, mental and environmental health and **prevent** disease and disabilities of Allegany County residents.*

The organization is under the direction of the County Health Officer who, together with the entire staff of the Health Department, is dedicated to assessing and assuring that the health of community residents is protected and optimized.

The Allegany County Health Department is made up of several major divisions, including Administration, Environmental Health, Behavioral Health (Addictions & Mental Health), the Mental Health System's Office, Nutrition/WIC, Dental Health, Physical Health, and Public Health Preparedness. Services are provided through clinics; school and home visitation; evaluations; consultations; counseling; outpatient and residential treatment centers; educational presentations and campaigns; health inspections and licensing; and financial certification for specialized services. The Health Department is funded through county, state, and federal revenues and the annual budget requires the approval of both county and state governments.

Fees are charged for most services. Chargeable services are provided based on a sliding fee scale according to income. No one is denied care or treatment because of inability to pay. Health Department services are listed in the telephone directory under Allegany County Government.

General Information: 301-759-5000
(TTY/TDD 1-800-735-2258)

Visit us on the web at www.alleganyhealthdept.com

ADMINISTRATION

The Administrative Division contributes to the overall operation and management of the entire Health Department. Lead by the Health Officer and Deputy Health Officer, this division is responsible for collecting data and monitoring public health in our communities. This planning function works to improve availability and access to needed services for county residents by partnering with relevant organizations and agencies.

Administrative functions include Human Resources; Purchasing; Accounting and Fiscal Management; Information Technology, Timekeeping and Payroll; and Vital Records (responsible for issuing birth and death certificates, and maintenance of vital statistics and records for Allegany County).

BEHAVIORAL HEALTH SERVICES

ADDICTIONS SERVICES

Mission and Staff:

The Addictions Programs provide prevention and treatment services to individuals and families at risk as well as to those experiencing chemical dependency and chemical abuse. Addictions programs include: Prevention, Outpatient, Intensive Outpatient, Medication Assisted Treatment, Halfway House, Alternative School, Jail Substance Abuse Program, and two residential treatment programs: Massie Unit for adults and Jackson Unit for adolescents.

Substance Abuse Prevention 301-759-5050

Services are provided at the Brook Building, 12503 Willowbrook Road.

- Tobacco Prevention and Cessation
- Educational Presentations and Displays
- Public Information Campaigns
- Parenting Programs
- Technical Assistance and Funding – Community Prevention Groups

Outpatient Addictions 301-759-5050

Outpatient Addictions services are provided at the Brook Building to individuals and families experiencing chemical dependency.

Adult Services Include:

- Substance Abuse Evaluation
- Group, Individual, Family, Couples Counseling
- Dual Diagnosis Counseling
- DWI Services
- Crisis Intervention
- Intensive Outpatient

- Medication Assisted Treatment
- Jail Substance Abuse Program
- Suboxone Treatment

Adolescent Services Include:

- Substance Abuse Evaluation
- Group, Individual, Family, Counseling
- Dual Diagnosis Counseling
- Crisis Intervention
- Eckhart Alternative School

Allegany House 301-777-2497

The Allegany House, also called the Halfway House, is a supportive housing program for men and women transitioning from in-patient treatment into the community. There are 8 rooms for men and three for women. The program is designed to solidify newly gained sobriety skills and allows clients to build the responsibility and personal skills necessary to reintegrate into society.

The Allegany House provides:

- Counseling and referral services
- Job support
- Mental health and addictions treatment
- Skill building
- Recreational outings

Joseph S. Massie Unit 301-777-2285

Massie Unit is a 25-bed residential treatment/partial hospitalization facility for adults experiencing the devastating effects of alcoholism and other chemical dependencies. The unit is located at the Finan Center, Country Club Road, Cumberland, Maryland.

- Individual, Group and Family Therapy
- Medical Services
- Psychiatric Evaluation
- Psychological Services
- Educational and Vocational Evaluation
- Activity Therapy
- Dual Diagnosis Counseling
- HIV Education, Testing and Counseling
- Aftercare Planning
- Alcohol and Drug Education

Lois E. Jackson Unit 301-777-2290

Jackson Unit is a 60-day residential treatment program for youth ages 13-18 who present a primary diagnosis of drug/alcohol abuse or dependence. The unit is located at the Finan Center, Country Club Road, Cumberland, Maryland.

- Individual, Group and Family Counseling
- Medical Services

- Psychiatric Evaluation
- Psychological Services
- Risk Reduction Counseling
- Alcohol, Drug, HIV, and Tobacco Education
- On-Unit School Program
- Recreational Activities
- AA/NA Meetings

MENTAL HEALTH SERVICES

Mission and Staff:

The center offers an array of mental health services to meet the individualized needs of patients of all ages, particularly those requiring intensive outpatient care. Our staff assists clients in accessing and coordinating appropriate community resources. Staff includes psychiatrists, licensed master's degree counselors, registered nurses, treatment coordinators, and clerical support staff. Offices are located in the Brook Building.

Adult Services

- Specialty groups such as dual diagnosis, panic-anxiety disorder, impulse control, depression and codependency group
- Partial hospitalization day-treatment program
- Mobile treatment

Child and Adolescent Services

- K.I.D.S. – Kids Intensive Day Treatment Services partial hospitalization program
- Individual, Family, and Group Therapy
- School-based services
- Mobile Treatment

Hours of Operation:

Monday & Tuesday, 8 a.m. to 6 p.m.
 Wednesday, 8 a.m. to 6:30 p.m.
 Thursday & Friday, 8 a.m. to 5 p.m.
 After-hours and weekend crisis coverage.
 In-school and home-based services provided.

General Information & Appointment Scheduling: 301-759-5280.

DENTAL HEALTH PROGRAM

Mission & Staff:

To promote preventive dental programs for children in Allegany County, to provide quality dental services for children in Allegany County who have an active MA/MCO card, to deliver dental services in a positive environment with high professional standards, and to offer services with patience, empathy, respect and tolerance to

promote a positive dental experience for each child who visits the clinic.

Staff includes licensed dentists, dental hygienists, and dental assistants. The dental clinic is located in the Brook Building, Entrance Door #4. Appointments are scheduled for all clinics.

Services Provided:

- Dental clinical services including cleaning of the teeth, fluoride treatments, sealants, radiography, space maintainers, restorative care (fillings), root canals, and extractions.
- School screenings of first graders in Allegany County.
- Dental health education for the community and educational materials available for community use.
- School-based dental sealant program for first, second, and third graders in targeted schools.

Who Is Eligible:

- Any child in Allegany County up to and including 20 years of age who has a valid Maryland Medical Assistance Maryland Healthy Smiles card with whom the Health Department has an active contract.
- Allegany County resident who is identified as needing urgent or immediate treatment by the school screening process. Siblings of these children are also eligible after the first grader has initiated treatment.
- Emergency dental care is provided for the Boys Forestry residents and the Jackson Unit clients.
- Extractions are offered to low income adults on a sliding fee scale including adults who have a MCO/MA card or Medical Assistance card. The clinic is held the second and fourth Tuesday of each month.

Hours of Operation:

Monday through Friday, 8 a.m. to 5 p.m.

General Information: 301-759-5030

ENVIRONMENTAL HEALTH

Mission and Staff:

The Environmental Health program is dedicated to providing a safe and healthful environment for the residents and visitors of Allegany County. The Environmental Health office is located in the Willowbrook Office Complex on the ground floor.

Services Provided:

- **Wells:** Sampling of newly constructed wells, issuing permits, and construction inspections.
- **Non-Community Water Supplies:** Regulatory sampling, inspections and

evaluations.

- **Water Quality:** Information and complaint investigation.
- **Swimming Pools, Spas, Bathing Beaches:** Regulatory inspections and complaint investigations.
- **Soil Evaluation and Percolation Tests** for new lot construction and subdivisions.
- **Individual Sewage Systems:** Inspections and evaluations.
- **Food Sanitation for Permanent and Temporary Food Service Facilities:** Licensing, inspections, plan reviews, investigation of food-borne illness and food safety complaints.
- **Rabies Control:** Case investigation. Rabies vaccination clinics twice per year.
- **Psittacosis Control:** Issuing permits, inspections and complaint investigations
- **Residential and Commercial Burning Permits** and Site Inspections.
- **Sanitary Surveys** and Site Inspections.
- **Radon and Indoor Air Quality:** Public education. Sale of radon kits.
- **Waste Disposal:** Inspections and public education on home medical waste disposal and disposal of household hazardous waste.
- **Camps and Mobile Home Parks:** Issuing permits, regulatory inspections and complaint investigations.
- **Day Care, Foster Care and Adoption Homes:** Site evaluations.
- **Tattoo Establishments:** Issuing permits and regulatory inspections.

General Information: 301-759-5040

E-Mail: envhealth@alleganyenvironmental.com

MENTAL HEALTH SYSTEM'S OFFICE

Core Service Agency (CSA)

Mission and Staff:

The Mental Health System's Office is the designated county authority responsible for planning, managing and monitoring the county's publicly funded mental health services. Maryland's Public Mental Health System provides mental health services to individuals with Medical Assistance and to individuals who are uninsured and meet established criteria. Additionally, the MHSO (CSA) provides a number of mental health support services described below. The MHSO is located on the first floor of the Willowbrook Office Complex, near Administration.

MHSO Core Services 301-759-5070

- Planning, managing and monitoring the development and delivery of services provided through both Maryland's fee-for-service system and through purchase of service contracts with local providers.
- Supporting and promoting mental health wellness, recovery and resilience and providing public education and stigma reducing activities.
- Providing advocacy services for individuals within the public mental health system to assist them with accessing needed services.

Mental Health Case Management 301-759-5073

Provides supportive case management services to individuals eligible for public mental health services to assist them with accessing treatment, housing, employment, entitlements, etc.

Community Criminal Justice Treatment Program 301-729-8541 ext. 223

Evaluation, individual and group support services, release planning and aftercare referrals for inmates with a mental illness who are incarcerated in the Allegany County Detention Center.

Projects for Assistance in Transition from Homelessness 301-759-5071

Provides assistance in locating housing resources to individuals with mental health illness who are eligible for Maryland's Public Mental Health System and who are homeless and/or being released from incarceration.

Who Is Eligible:

- Education and referral services are available to anyone involved with or interested in knowing about Maryland's Public Health System.
- All other services are available to individuals with Medical Assistance and/or who are uninsured and meet eligibility criteria for the public mental health system.

NUTRITION SERVICES

Mission and Staff:

The Nutrition Department promotes wellness and provides nutrition education programs for Allegany County residents. Offices are located on the first floor of the Willowbrook Office Complex.

WIC - Special Supplemental Nutrition Program for Women, Infants, & Children 301-759-5020

Health assessments and referrals, nutrition education, breastfeeding support and supplemental foods for qualified families. Services available free of charge to women who are pregnant or breastfeeding and young families who have babies or children up to age five. We have four locations within Allegany County.

Breastfeeding Education and Support Services 301-759-5024

Staff provides education classes for pregnant women and their support persons. Call for a schedule of upcoming classes. Staff are also available to assist moms and babies in getting off to a good start, providing guidance and support along the way. Staff can address any questions you may have about breastfeeding your baby. Services available to Allegany County residents and moms who deliver in Allegany County.

Hours of Operation:

Monday through Friday, 8 a.m. – 5 p.m.
Other times available by appointment only.

PHYSICAL HEALTH SERVICES

Mission and Staff:

Physical Health Services are designed to promote healthy people in healthy communities through a variety of programs designed to serve all ages: children, adolescents, adults, and the elderly. Offices are located on the first floor of the Willowbrook Office Complex (WOC) building. Depending on the program, services are provided in clinics at the WOC location, in client homes, and in public schools.

Children and Adolescent Services

- **Administrative Care Coordination Unit (ACCU) Ombudsman** 301-759-5094
Provides help to Medical Assistance clients with understanding and access to the managed care system; follow-up of non-compliant clients. Provide education to Maryland Medical Assistance patients including enrollment into Healthchoice MCOs, coverage, and benefits. Ombudsman handles more complex issues, hard-to-reach clients, and non-compliance issues.
- **Genetics** 301-759-5082
Provides genetic consultation four times a year for children through staff from the University of Maryland Hospital.
- **Improved Pregnancy Outcome** 301-759-5077
Facilitates and provides services for the local Fetal/Infant Mortality Review Board. Provides community education regarding promotion of healthy pregnancy.
- **Infants and Toddlers** 301-759-5081
This is a collaborative effort with the Allegany County Board of Education and the Allegany County Department of Social Services. The program provides home visits for OT, PT, speech, special instruction, and service coordination to developmentally delayed children birth to 3 years of age.
- **Maryland Children's Health Program (MCHP)** 301-759-5076
Determine eligibility of children up to age 19 and pregnant women of any age for the Maryland Children's Health Program.
- **Families and Children (FAC)** 301-759-5076
Determine eligibility for parents and other family members caring for children up to age 21 for the Families and Children Program.
- **School Health** 301-759-5088
The School Nurse Program provides students and faculties in 22 schools with a multitude of health and medical services, including: caring for the sick and injured, administering and monitoring medications, health counseling, education and screening.

Adult Services

- **Adult Evaluation and Review Services (AERS)** 301-759-5210
Provides assistance to aged and functionally disabled adults who are at risk of institutionalization. AERS staff conducts a comprehensive evaluation to identify services available to help the individual to remain in the community, or in the least restrictive environment, while functioning at the highest possible level of independence and personal well-being. AERS also administers the National Caregiver Support Program for persons 60 and

older.

- **Breast and Cervical Cancer Services** 301-759-5083
Breast and cervical cancer screening services for uninsured or under insured, low-income women age 40 - 64.
- **Breast Cancer Screening for Women Under Age 40** 301-759-5083
Screenings for uninsured, under insured, and low income women exhibiting breast cancer symptoms or at high-risk due to family history of breast cancer.
- **Colorectal Cancer Control Program** 301-759-5121
Allegany County citizens ages 50 and older who meet income eligibility requirements may receive screening and diagnostic services for colorectal cancer.
- **Family Planning Services** 301-759-5084
Provides well-woman gynecological care in combination with a wide range of pregnancy prevention options to any woman of reproductive health age from any county or state.
- **HIV/AIDS Services** 301-759-5138
Confidential testing and counseling. (*Case Management* 301-759-5085.)
- **Overseas Immunization Clinic** 301-759-5082
Monday afternoons, by appointment only. Review and provision of immunizations for overseas travel. Call at least one month prior to travel to schedule an appointment.
- **Personal Care** 301-759-5089
Meal preparation, bathing and assistance with household tasks to persons with Medical Assistance who are chronically ill or disabled.
- **STD (Sexually Transmitted Disease) Clinic** 301-759-5084
Confidential STD/HIV testing and treatment. Thursday mornings by walk-in.
- **Other Specialty Clinics** 301-759-5082
Specialty Clinics include: TB, HIV, Blood Pressure Screening, and Multipurpose Immunization Clinic. Held on a walk-in basis on Wednesdays from 1 p.m. to 4 p.m.

Elderly Services

- **Senior Care Program** 301-759-5210
A program designed to help people 65 or older, who are at risk of entering a nursing home, to remain safely in the community in their own homes for as long as possible. Senior Care provides a comprehensive assessment of an individual's needs, a case manager to secure and coordinate services, and a pool of 'gap filling funds' to purchase services for individuals who meet program eligibility requirements. (Gap filling funds are used when necessary services are not available from traditional sources.)

Communicable Disease

 301-759-5112.

Investigation, consultation, and disaster response. Services available 24 hours/day, 7 days/week.

Prevention Services

Prevention Services is an 'umbrella' of programs with the goal of reducing injury and disease through public education and awareness. The staff includes one registered nurse and an outreach worker.

- **The Allegany County Kids In Safety Seats (KISS) Program** 301-759-5123
This program is committed to reducing the number of vehicle and pedestrian injuries and fatalities in our county through public awareness, promotion of safety seat checks, and cooperation with law enforcement and other public safety agencies. As a free service to the community, child seats are checked for proper fit and installation. The Kids in Safety Seats (KISS) Program offers rental seats to residents of Allegany County who are eligible for WIC.
- **Bicycle Helmet Program** 301-759-5123
Provides low-cost helmets for all ages.
- **Lead Awareness Program** 301-759-5077
Provides case management of children with elevated blood lead levels and public awareness of the lead poisoning problem.

Hours of Operation:

Physical Health staff is available during regular business hours, Monday through Friday from 8 a.m. to 4:30 p.m. However, hours and days for specific services may vary. Please call for information on specific programs and services.

PUBLIC HEALTH PREPAREDNESS

Mission and Staff:

The Public Health Preparedness Office serves the community by providing timely information, preventive measures, and preparedness planning for a wide variety of natural and man-made public health emergencies. This office coordinates with local emergency responders to protect the community from contagious diseases or other health threats. It is also a community resource for education, training, and information on potential emergencies.

Staff includes a Public Health Emergency Planner, the Health Department's Public Information Coordinator, a registered nurse, and support staff. Offices are located in the Willowbrook Office Complex (WOC) building, first floor.

Information Hotline: In a public health emergency, our information hotline may be activated. The hotline (301-759-5055) **will only be activated as needed and is not normally staffed.** In a public health emergency, check the ACHD web site (www.alleganyhealthdept.com) and watch local media for announcements about hotline activation.

Hours of Operation:

Normal office hours are Monday through Friday, 8 a.m. to 4:30 p.m.

General Information: 301-759-5019

VITAL RECORDS

The Vital Records division is located in Administration on the first floor of the

Willowbrook Office Complex.

Birth Certificates

Birth certificates are available at the Allegany County Health Department for a \$20.00 fee. An acceptable government issued (driver's license or MVA issued) photo I.D. or U.S. Passport is required. All identification must have an issue and expiration date; no expired I.D. will be accepted. Birth certificates are provided to the person whose birth record is requested or the person's parents. Birth certificates before 1938 must be obtained from the Division of Vital Records in Baltimore, Maryland. All legal documents (i.e. court orders, power of attorney, or notarized letter) must be sent to Baltimore with an application to obtain a birth certificate.

Death Certificates

Death certificates are provided to funeral directors for 30 days after a death, and assistance is provided to individuals seeking death certificates.

Hours of Operation:

Monday through Friday, 8 a.m. to 4 p.m.

General Information or to Obtain Copies of Records: 301-759-5002